**Curriculum Vitae: Lyndsey Hookway, PhD RNC SCPHN IBCLC**

**CONTACT DETAILS**

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**SUMMARY**

**I am a highly motivated public health and children’s nurse and IBCLC, with a passion for evidence-based, family-centred care to infants, children and families and 20 years’ experience supporting breastfeeding and responsive parenting. I speak at regular international events, am a trustee of the Lactation Consultants of Great Britain, and the founder of the Breastfeeding the Brave project through which I regularly support numerous medically complex and life-limited breastfed children and their families.**

**RESEARCH INTERESTS**

* **My PhD (under the supervision of Prof. Amy Brown) explored medically complex breastfed infants and children in paediatrics with an explanatory sequential mixed methods research design.**
* **Systematic reviews**
* **Developing and conducting large surveys**
* **Qualitative research**
* **Developing clinical models**
* **Currently part of the MASI research team conducting a scoping review of qualitative studies exploring the psychological impact of smart watches**

**EMPLOYMENT HISTORY**

Sept 2023 – present Self-employed / Research Officer – Swansea University

Sept 2019 - Sept 2023 PhD student Public Health – Swansea University

Feb 2017 - Sept 2019 Carers leave (youngest child had cancer)

Jul 2015 – Feb 2017 Infant Feeding Lead, HV team – CSH Surrey

Oct 2013 – Jul 2015 Maternity leave / Self-employed

Jun 2010 - Oct 2013 FCC Coordinator for SW Perinatal network based at St George’s NICU

Sept 2008 – Jun 2010 Health Visitor – Richmond & Twickenham NHS Trust

Sept 2007 – Aug 2008 Student Health Visitor – Surrey Primary Care Trust

Mar 2007 – Sept 2007 Community Staff Nurse, Paediatrics – Hounslow Primary Care Trust

Jun 2006 – Mar 2007 Senior Staff Nurse, Paediatrics – Chelsea & Westminster NHS Trust

Jan 2005 – Jun 2006 Staff Nurse, Paediatrics – The Royal London Hospital NHS Trust

**QUALIFICATIONS**

October 2023 PhD Public Health – Swansea University

July 2011 IBCLC

September 2008 PG Dip – SCPHN (HV) Distinction – Kings College London

September 2004 BSc (Hons) Nursing Studies (Children) 2:1 – Kings College London

**RECENT SPEAKING EXPERIENCE (2023-24)**

Mar 2024 Association of Lactation Consultants Ireland

Feb 2024 iLactation Online Conference

Nov 2023 Baby Friendly Initiative Conference, Harrogate

Nov 2023 Academy of Breastfeeding Medicine, Chicago

Oct 2023 Northern Colorado Breastfeeding Coalition

Aug 2023 International Lactation Consultants Association, Las Vegas

Apr 2023 La Leche League Conference, Bologna, Italy

Apr 2023 GOLD Online International Conference (Lactation)

Apr 2023 Maternal and Infant Nutrition and Nurture Conference, Cumbria

Feb 2023 The Breastfeeding Network Conference, Portsmouth

**PUBLICATIONS**

**Journal articles:**

Hookway, L., Lewis, J., & Brown, A. (2021). The challenges of medically complex breastfed children and their families: A systematic review. *Maternal & Child Nutrition*, *17*(4), e13182.

Hookway, L. (2022). Using art to raise awareness of breastfed children with medical complexity. *International Breastfeeding Journal*, *17*(1), 1-6.

Hookway, L., Brown, A., & Grant, A. (2023). Breastfeeding sick children in hospital: Exploring the experiences of mothers in UK paediatric wards. *Maternal & Child Nutrition*, *19*(2), e13489.

Hookway, L., & Brown, A. (2023). The lactation skill gaps of multidisciplinary paediatric healthcare professionals in the United Kingdom. *Journal of Human Nutrition and Dietetics*, *36*(3), 848-863.

Hookway, L., & Brown, A. (2023). Barriers to optimal breastfeeding of medically complex children in the UK paediatric setting: a mixed methods survey of healthcare professionals. *Journal of Human Nutrition and Dietetics*.

**Books:**

* *Holistic Sleep Coaching*, published by Praeclarus Press, 2018
* *Let’s talk about your new family’s sleep*, published by Pinter & Martin, 2020
* *Still Awake*, published by Pinter & Martin, 2021
* *The Writing Book*, published by Thought Rebellion, 2022
* *Breastfeeding the Brave*, published by Thought Rebellion, 2022
* *Why Childhood Illness Matters*, published by Pinter & Martin, 2023